

Check out our Website
www.elijahhaven.org.



201 S Detroit Street, Lagrange, IN, 46761

July 2020

Narcissism: Hoovering

When the cycle of “idealize, devalue, discard” is complete, a person with narcissistic qualities will often return to prior sources of narcissistic supply to see if he or she can tap such individuals for more ego-fueling attention, emotional reaction, sex, money, business advantages, a place to live, or other affirmations of his or her existence. “Hoover maneuver” was coined after the name of a popular vacuum cleaner, alluding to the fact abusers often attempt to suction up narcissistic supply from prior sources (people).

When a survivor has gone no-contact—in other words, the survivor has chosen to disengage completely from the abusive person—often the person with narcissism will attempt to see if the door is still open for more narcissistic supply. He or she may “hoover” prior survivors by emailing, texting, phoning, or showing up at a survivor’s workplace or residence under the pretext of apologizing for transgressions, delivering flowers, hitting the reset button, or feigning illness or a need for assistance (money, return of belongings, etc.).

This cycle is akin to the Power and Control Wheel often referred to in the domestic violence recovery community. The hoover maneuver is an attempt to see if a prior target of abuse can be conned into another cycle of abuse, resulting in the abusive person reclaiming a sense of power and control by causing pain (emotional and sometimes physical) to a target.

Survivors of narcissistic abuse should not be fooled by the hoover maneuver. Such an action is not a sign that the abusive person loves the survivor or that he/she can change and suddenly develop reciprocity, authentically own responsibility for mistakes, and consistently show emotional maturity. The analogy of a vampire sinking fangs into the jugular vein works here. The abusive person may home in on the target’s vulnerabilities (wanting to be accepted, loved, attractive, etc.) and try to hook that person back into another abuse cycle, solely for the benefit of soothing the abusive person’s ego—no more, no less.

Source Retrieved from: Goodtherapy.org

YOU CAN HELP

Individuals wishing to assist Elijah Haven in caring for victims of domestic violence may do so in a variety of ways:

Monetarily. Send donations to Elijah Haven Crisis Intervention Center, PO Box 198, LaGrange, IN 46761.

In-Kind donations. Furnishings and household items to be sold at Thrifty Living Boutique can be donated by calling 463-2211.

Volunteer. Work a 4-hour shift at Thrifty Living Boutique or offer skills and services

Donate items. Victims housed in the shelter need personal hygiene items, toilet paper, paper towels, pillows, towels, and household cleaning supplies

Gas cards and gift cards for groceries are also greatly needed and appreciated.

Gifts of Time

Elijah Haven is a “community-owned” agency. Questions, concerns and words of encouragement are welcomed and can be addressed to any of our current Board Members.

2020 Board of Directors

Carrie Lambright
Sherri Lackey
Ingrid Lochamire

Ron Roth
Larry W. Miller
David R. Chupp

Thank You

A great big thank you to all of the people who support us and our mission. We are continuously blessed by the community and individuals from all over.

Attention

Until further notice, the fundraiser dinner originally scheduled for September 17th of this year will be moved to the Spring of 2021 due to Covid-19.

Contributions and Grants received

- LaGrange County Community Foundation
- DVPT Grant
- VOCA Grant
- Local Churches and Individuals
- United Way of Lagrange County

